A universal driver of macroevolutionary change in the size of marine phytoplankton over the Cenozoic


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The size structure of phytoplankton assemblages strongly influences energy transfer through the food web and carbon cycling in the ocean. We determined the macroevolutionary trajectory in the median size of dinoflagellate cysts to compare with the macroevolutionary size change in other plankton groups. We found the median size of the dinoflagellate cysts generally decreases through the Cenozoic. Diatoms exhibit an extremely similar pattern in their median size over time, even though species diversity of the two groups has opposing trends, indicating that the macroevolutionary size change is an active response to selection pressure rather than a passive response to changes in diversity. The changes in the median size of dinoflagellate cysts are highly correlated with both deep ocean temperatures and the thermal gradient between the surface and deep waters, indicating the magnitude and frequency of nutrient availability may have acted as a selective factor in the macroevolution of cell size in the plankton. Our results suggest that climate, because it affects stratification in the ocean, is a universal abiotic driver that has been responsible for macroevolutionary changes in the size structure of marine planktonic communities over the past 65 million years of Earth’s history.

Marine phytoplankton are a polyphyletic group of unicellular or colonial photoautotrophs (1) that range in size from <1 μm to >1 mm in equivalent spherical diameter, corresponding to >8 orders of magnitude variation in cell volume. Because cell size influences nutrient uptake kinetics, photosynthesis, respiration, growth, and sinking rates (2–5), as well as genome size and rate of evolution (6, 7), the size structure of phytoplankton assemblages strongly influences energy transfer through the food web and tempo of evolution in the sea (8–10). Based on analyses of fossil records over the Cenozoic, macroevolutionary changes in cell size have been reported for marine diatoms (11), coccolithophorids (12), and the amoeboid planktonic foraminifera (13–15); however, the underlying causes of such changes remain unclear. Broadly, hypotheses accounting for macroevolutionary trends fall into two groups: (i) specific biotic or abiotic forcings unique to each taxon or (ii) taxon-specific responses to a universal abiotic factor. Here, based on an analysis of the fossil record, we report that, like the other plankton groups examined, dinoflagellates exhibit an active macroevolutionary change in size in concert with changes in the thermal contrast between the surface and deep ocean. These results strongly suggest that a universal abiotic driver related to climate is responsible for macroevolutionary changes in the size structure of marine planktonic communities over the past 65 million years of Earth’s history.

Dinoflagellates are a group of unicellular eukaryotic flagellates characterized by a longitudinal and a transverse flagellum and are often armored with cellulose plates. There are ~2,000 extant morphologically identified species that inhabit a wide range of aquatic environments, exhibit a full array of nutritional modes, including photosynthetic, heterotrophic, mixotrophic, parasitic, and symbiotic habits (16); and are often a significant component of modern marine planktonic communities (17). Molecular clock and fossil biochemical markers suggest the dinoflagellates may have been present as far back as the Early Paleozoic (~500–550 Ma), but it was not until the early Jurassic (~200 Ma) that they established a consistent and diverse morphologically identifiable fossil record (18–20). Many Dinophyceae, especially the Gonyaulacales and Peridiniales, form cysts with extremely resistant organic cell walls that facilitate their preservation in the fossil record and have made them useful Mesozoic and Cenozoic biorstratigraphic markers and paleoenvironmental indicators (21). Using this record of fossil cysts, we examined the macroevolutionary trajectory in the size of this marine planktonic group (photosynthetic and heterotrophic) in relation to recently compiled size records of other planktonic groups.

Results and Discussion

The median size of the dinoflagellate cyst assemblage decreases over the Cenozoic (Fig. 1). Median dinoflagellate cyst size is relatively high immediately after the end-Cretaceous boundary (33% above the Cenozoic average), drops in the Paleocene, and then recovers to reach its maximum just after the Paleocene–Eocene boundary (44% above the average). Through the rest of the Cenozoic, the median size of the dinoflagellate cysts decreases, reaching its minimum in the Pleistocene (22% below the average). The observed trend in the median size of dinoflagellate cysts is in accordance with observed changes in composition of dinoflagellate cyst assemblages in the Cenozoic (21) and their size ranges, as discussed below (Fig. 2).

Paleocene and Eocene assemblages are rich in large gonyaulacaceans (e.g., the Spiniferites group and large taxa such as Cordosphaeridium), goniodomaceans (e.g., Hystrichosphaeridium and Homotryblium), areoligeraceans (e.g., Areoligeria and Glaphyrocysta), and peridiniaceans (e.g., Deflandrea, Wetzelia, Charlesdownia, Dracodinium, and Rhabdominium) (Fig. 2 A–G). Dinoflagellate cyst diversity drops dramatically in the Oligocene and continues decreasing throughout the Cenozoic, a trend that has generally been associated with major climatic cooling (e.g., ref. 21). Oligocene assemblages show a marked decline in species of the deflandracean lineage (sensu ref. 22), with small Phthanooperidinium (Fig. 2I) and large Deflandrea and...
Wetziella and its allies becoming extinct while the protoperidiniaceans (Fig. 2 K–L), which are considerably smaller, continued to thrive and became more diverse and widely distributed. Some Oligocene assemblages are still dominated by large areoligeraceans (e.g., Chiropteridium) and/or moderately sized gonnyaulacaceans (e.g., Spiniferites and Operculodinium; Fig. 2 G–H). Neogene dinoflagellate cyst assemblages have a decidedly modern aspect, with small protoperidiniaceans and moderate gonnyaulacaceans (Spiniferites and Operculodinium) dominating neritic environments. Small protoperidiniaceans dominate many Miocene to recent higher latitude assemblages.

It is estimated that \( \approx 13\text{–}16\% \) of living dinoflagellate species have a dormant cyst stage (16). Laboratory investigations of extant dinoflagellates indicate most cysts form from the sexual recombination of two vegetative cells, a process that can be induced by nutrient depletion (23). Resting cysts can play a significant role in the success and persistence of dinoflagellates by allowing the species to survive unfavorable fluctuations in environmental conditions that exceed the physiological tolerances for vegetative growth (24). Indeed, dinoflagellate cysts are able to survive for extended periods and have been shown to hatch successfully after storage for up to 9 years (25). Larger cysts have a higher maximum capacity to store reserve materials, and a lower specific metabolic rate suggesting large cyst size could be an adaptation to extend the maximum temporal viability of the cyst. In addition, larger cyst size increases the sinking rate and so may protect the cyst from pelagic grazers. As a result, macroevolutionary changes in the median size of dinoflagellate cyst and diatom frustule assemblages over the Cenozoic. For example, the relatively large median size of dinoflagellate cysts and diatoms in the Paleocene may be a response to selective extinction and slower recovery of the larger zooplankton consumers, resulting in a

![Fig. 1. Cenozoic record of species richness of the dinoflagellate cyst (red) and diatom (black) assemblages analyzed in this study, median size (area, \( \mu m^2 \)) and 95% confidence interval of the dinoflagellate cyst fossil assemblage (red) and median area of diatom assemblage (black) (11) averaged over 3-Ma intervals, planktonic foraminifera size (\( \mu m \)) from the lower (purple, solid) and higher latitudes (purple, dashed, from ref. 13. The deep-sea oxygen isotope \( ^{18}O \) record is in blue, and vertical temperature gradient is in black (44). Note that the diatom and foraminifera size data use the 1995 geological time scale (11, 13).](#)

![Fig. 2. Examples of Cenozoic dinoflagellate cyst genera illustrating morphological variety and size range. All specimens to the same scale. Stratigraphic range of the genus in brackets. (A) Areoligera (Campanian to Early Oligocene), (B) Cordosphaeridium (Campanian to Miocene), (C) Glaphyrocysta (Maastrichtian to Oligocene), (D) Wetziella (Eocene to Oligocene), (E) Charlesdowniea (Early Eocene to Early Oligocene), (F) Deflandrea (Maastrichtian to Oligocene), (G) Spiniferites (Berriasian to Holocene), (H) Operculodinium (Maastrichtian to Holocene), (I) Phthanoperidinium (Paleocene to Holocene), (K and L) protoperidiniacean cysts; (K) Selenopemphix (Eocene to Holocene), and (L) Brigantedinium (Miocene to Holocene).](#)
relative release of grazing pressure on the larger phytoplankton species (33). Further complicating any simple interpretation, it is estimated that ~50% of extant dinoflagellates may be heterotrophic, some of which feed on diatoms and photosynthetic dinoflagellates, and some species are known to be cannibals (34). The feeding strategies of extant heterotrophic dinoflagellates are quite varied; some are typical phagotrophs, others use a feeding tube to connect to their prey, and some extrude a feeding veil that can envelop and digest prey outside the cell (34). Heterotrophic dinoflagellates prefer prey of similar or slightly larger size than themselves (35, 36). Because the median size of the dinoflagellates is considerably larger than the diatoms, it is unlikely heterotrophic dinoflagellate grazing played an important selective role in the temporal change in the size of the diatoms through the Cenozoic. In addition, the largest change in the size of planktonic foraminiferal tests occurs several million years after a large decrease in the size of the diatoms and dinoflagellate cysts in the Neogene, indicating that foraminiferal grazing on dinoflagellates and diatoms is not a primary selective agent in the macroevolutionary trajectory of size in these groups through the Cenozoic (Fig. 1). Unfortunately, the fossil record of most of the major zooplankton groups is weak (37), making it difficult to corroborate or contradict the hypothesis that an evolutionary arms race has driven these macroevolutionary changes in plankton size. Nevertheless, the macroevolutionary trajectory in the size structure of the primary producers will have had a profound influence on the evolution of the size structure of the higher trophic levels (33, 38).

The diatoms and dinoflagellates have the largest cells of the unicellular marine phytoplankton groups. Both groups have a few small species with equivalent spherical diameters near 2 \( \mu m \) and a few large species with linear dimensions that can reach >1 mm, but on average, dinoflagellates are \( \sim 3.4 \times \) times larger than the diatoms in the youngest fossil assemblage (Fig. 1). An allometric analysis can be used to explore whether nutrient limitation and fundamental differences in growth rates between the dinoflagellates and diatoms can account for the different characteristic sizes of the groups (Fig. 4). Assuming growth rate (\( \mu, h^{-1} \)) and cell quota (cell nutrient content, \( Q, \text{ mol nutrient cell}^{-1} \)) scale with \( V \) cell volume (where \( \mu = \mu_b V^{b_1}, Q = q_b V^{b_2}, \) and \( \mu_b \) and \( q_b \) are \( \mu \) and \( Q \) at \( V = 1 \), and \( b_1 \) and \( b_2 \) are size-scaling exponents on \( \mu \) and \( Q \), respectively (39)), and that \textit{in situ} growth rates are determined by the balance of nutrient supply and demand, \( \mu Q \), then a simple allometric model predicts:

\[
(V_{\text{Diatom}}/V_{\text{Dino}}) = (\mu_b/\mu_k V_{\text{Dino}}/V_{\text{Diatom}})^{1/b_2}.
\]

if \( q_k \) does not significantly differ between taxonomic groups. Typical values of \( b_1 (-0.25) \) and \( b_2 (0.75) \) predict diatom growth rates (\( \mu_{K_{\text{Diatom}}} \)) must be ~2-3-fold faster than dinoflagellate growth rates (\( \mu_{K_{\text{Dino}}} \)) to explain the difference in median dinoflagellate cyst and diatom size (39). Laboratory and field data confirm that dinoflagellates have slower size-normalized growth rates than diatoms (40, 41). The success of the nutrient-constrained allometric model in predicting the ratio of the median size of diatoms and dinoflagellates provides corroborating evidence that nutrient availability has acted to select phytoplankton of different sizes over the Cenozoic (Fig. 4).

The shifts in the median size of the dinoflagellate cysts are highly correlated with Cenozoic climate. The maxima in the median size of the dinoflagellate cyst assemblage at ~54 Ma occurs during the warmest greenhouse climatic conditions of the Cenozoic, namely the early Eocene climatic optimum (42). Decreases in the median size of cysts from early to middle Eocene correspond to an initial secular cooling trend in the Eocene. Similarly, the marked Miocene decreases in the median size of the dinoflagellate cysts correspond with the major paleoceanographic reorganization that began in the earliest Miocene with the major Mi-1 glaciation and continued through mid-Miocene with the intensification of polar cooling, expansion of Antarctic ice sheets, and growth of northern hemisphere ice sheets (42). The Miocene glaciation appears to have been caused by a coordinated combination of a minimum in eccentricity and minimum variation in obliquity, causing a decrease in summer insolation at the poles, which appear to have initiated the expansion of Antarctic ice (43). Overall, the size of the dinoflagellate cyst assemblage is highly correlated with the \( \delta^{18}O \) record in deep-sea foraminiferal calcite, which is a proxy estimate of changes in deep ocean temperature and ice volume (\( R = 0.83 \)), and the oceanic temperature gradient (Fig. 1) as inferred from the difference between the \( \delta^{18}O \) signal in foraminiferal calcite in deep and surface waters (44). Ideally, the vertical gradient in \( \delta^{18}O \) provides an indication of vertical stratification in the water column; however, the \( \delta^{18}O \) signal from planktonic foraminifera waters can be diagenetically altered after deposition on the seafloor (45). Hence, surface water temperatures and
Regardless, the high correlation between the vertical gradient in the vertical temperature gradient may be underestimated. Re- and phytoplankton standing biomass-stimulating increases in the plain the macroevolutionary decrease in phytoplankton cell size. Phosphorus accumulation rates (47), wind speed (48), and vertical diversity in the eukaryotic phytoplankton. It indicates that, unlike the planktonic foraminifera (7), oceanic active response to selection pressure rather than a passive further indicates that the macroevolutionary size change is an in the macroevolutionary trajectory in cell size of the dinoflagellate cysts is highly correlated with the change in size in other plankton groups, especially the diatoms (Fig. 1). Cocolith size has not been systematically analyzed through the Cenozoic, but the basic pattern of size variation is certainly broadly similar; there is a post-Cretaceous–Tertiary size minimum, large sizes in the Eocene and Oligocene, then a general decline through the Neogene to a Quaternary minimum (46). Consequently, we suggest that the strong correlation between the median size of the dinoflagellate cysts and climate, in conjunction with similar reported size changes in diatom frustules, coccolith, and planktonic foraminiferal assemblages, indicates that size in the plankton has been actively driven by selection pressures associated with Cenozoic variations in climate. Species diversity in the diatoms generally increases, whereas dinoflagellate cyst diversity generally decreases through the Cenozoic (Fig. 1), yet the median sizes of the dinoflagellate cysts and diatom frustules follow similar patterns throughout the Cenozoic. The lack of coupling between species richness and the median size of the dinoflagellate cysts further indicates that the macroevolutionary size change is an active response to selection pressure rather than a passive response to changes in diversity (Fig. 1). Furthermore, the uncoupling of species richness from ocean temperature indicates that, unlike the planktonic foraminifera (7), oceanic temperature is not a primary determinant of speciation and diversity in the eukaryotic phytoplankton.

There are several potential hypotheses that can explain the mechanistic link between changes in Cenozoic climate, nutrient and light availability in the surface ocean, and the macroevolutionary changes in the size of the plankton. Coincident increases in phosphorus accumulation rates (47), wind speed (48), and vertical stratification in the water column make it difficult to establish how upper mixed-layer depths, light, and nutrient availability have changed through the Cenozoic. If nutrient availability has increased through time (49), then predation (“top-down” control) may explain the macroevolutionary decrease in phytoplankton cell size. Increases in nutrient availability will increase primary production and phytoplankton standing biomass-stimulating increases in the relative abundance of large herbivorous zooplankton. Higher concentrations of prey biomass have been linked to an increase in the abundance of larger consumers that tend to select larger prey, causing a shift in size structure toward smaller prey organisms (50, 51), indicating the relative increase in grazing pressure on the larger phytoplankton species could be the basis of the macroevolutionary decrease in the size of plankton over the Cenozoic. Alternatively, if size is controlled by resource limitation (“bottom-up”), the macroevolutionary decrease in the size of the diatoms and dinoflagellate cysts may reflect a decrease in nutrient availability in the surface ocean because of increased vertical stratification in the Neogene (51), changes in magnitude and frequency of pulses through the Quaternary (52–54), and shifts in the nutrient or environmental conditions limiting primary production through time. In the modern ocean, small cells often dominate assemblages in oligotrophic environments, and larger cells become increasingly abundant as nutrient concentrations increase (39). Although it is likely that a combination of both top-down and bottom-up factors controlled the evolutionary trajectory of plankton size through time, the preponderance of evidence appears to give greater weight to the latter hypothesis.

Materials and Methods

For our analysis, we created a species-level database of the geological ranges and sizes of 275 Cenozoic dinoflagellate cyst species. Species diversity and temporal distribution were determined by merging four published compilations of dinoflagellate cyst occurrences (21, 55–57). Rather than being exhaustive compilations of all described species, these biostratigraphic compilations include only well established and common species, an approach that is useful in avoiding the biases of monographic effects and synonyms. If there was disagreement among sources, the temporal distribution was taken as the oldest first and youngest last occurrence. Stratigraphic ranges used are based on calcareous nannoplankton zones translated into time using a common time scale (58). Taxonomic standardization followed the 1998 Williams et al. index (59).

The sizes of the dinoflagellate fossils were generated from primary descriptions of the species, such as holotype, lectotype, and other secondary descriptions summarized from the primary literature as compiled by J.E. Williams and archived at the Natural History Museum of London. Linear dimensions of length and width were generally provided as minimum, maximum, and average of the inner cyst. Estimates of the linear dimensions of the outer cyst and processes were provided in fewer instances; consequently, only analyses of the area of the inner cyst are presented. To construct the macroevolutionary record of the size of the dominant dinoflagellate cyst community through geological time, the median size and its 95% confidence interval of all species present in each 3 million-year window over the 65-Ma interval was determined. To compare the median size of the dinoflagellate cyst assemblage to paleoenvironmental variables over time, the data were matched to observations with the coarsest temporal resolution, and then reduced major axis regression and the Spearman correlation coefficient were computed. A relationship between cyst volume and volume of the motile cell was assessed by linear regression of laboratory data of extant species, with either calcareous or organic-walled cysts compiled from the literature (references are provided as supporting information (50)). To assess the cell volume ratio between cyst and motile cell for the extant assemblage (0 Ma), cell volumes were estimated by taking the square root of the area and assuming the cells were spheres, and the variation was estimated by using the 95% bootstrapped confidence interval on the median area of the dinoflagellate cysts.

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